



Omega fatty acid balance is essential to good health.

Omega fatty acids are known as essential fatty acids because they cannot be synthesized in the body and must be provided in the diet.

Omega fatty acids are split into two categories: omega-6 and omega-3 fatty acids. Both are necessary but it is the amount of both of these acids relative to each other that is most important for overall health.

Modern diets tend to include ingredients that are high in omega-6 and low in omega-3 fatty acids, throwing the critical 6 to 3 ratio out of whack.

Supplementing with a high-quality omega-3 fatty acid brings that ratio back into balance and supports reduced levels of damaging inflammation.

OMEGA-3 FATTY ACIDS

Available Size:

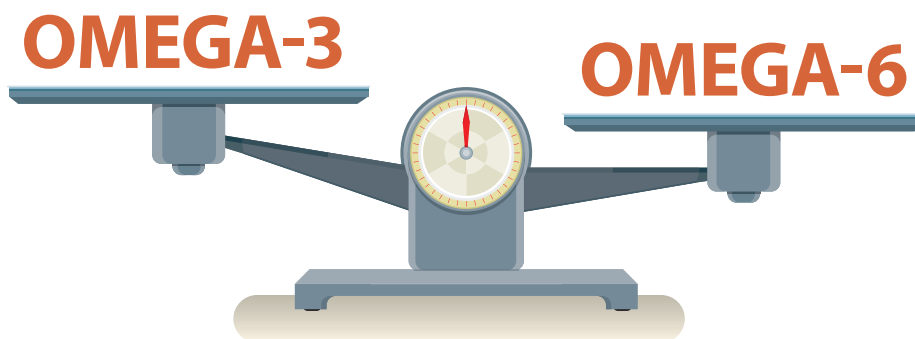
- **1 gallon** (3.8 liters) jug
(contains 128 1-ounce servings)

Ingredients:

Fish oil, flaxseed oil, vitamin E supplement, natural and artificial flavors; preserved with mixed tocopherols.

Guaranteed Analysis:

	Per 1 oz.
Crude fat (Min.)	27.8 g
Total omega-3 fatty acids	10,780 mg
Eicosapentaenoic (EPA)	3,210 mg
Docosahexaenoic (DHA)	2,320 mg



Research conducted at Texas A&M provided additional evidence that supplementation with marine-sourced omega-3 supports lower markers of inflammation in arthritic joints.



Learn more about the nutrients that support healing and recovery in horses.

What's in Contribute?

Flaxseed oil: a source of alpha-linolenic acid

- Alpha-linolenic acid is the most common omega-3 fatty acid and is found in plants.
- While horses generally obtain alpha-linolenic acid by eating grass and hay, flaxseed and linseed oil are the most concentrated sources of this nutrient.

Fish oil: a source of EPA and DHA

- EPA and DHA are the most biologically active omega-3 fatty acids. These long chain fatty acids are derived from a marine source.
- Shorter chain acids, like alpha-linolenic acid, may be converted into the longer chain EPA and DHA; however, this process is very inefficient in the horse, hence the need to provide EPA and DHA in the diet.

Feeding Recommendations

Supplement with 1 to 2 ounces per day.



Omega-3 fatty acids help support mitigation of allergic reactions.

Contribute is recommended for:

- Performance horses
- Senior horses, particularly those with arthritis
- Horses with allergies, hives, COPD (heaves)
- Horses unable to graze on fresh green grass
- Broodmares and breeding stallions
- Foals and growing horses
- Stallions and broodmares

Research has proven that the omega-3 fatty acid DHA supports both healthy sperm output and quality. If you are shipping semen, DHA's supportive effect on the sperm's cell membrane improves its ability to withstand cooling and freezing.