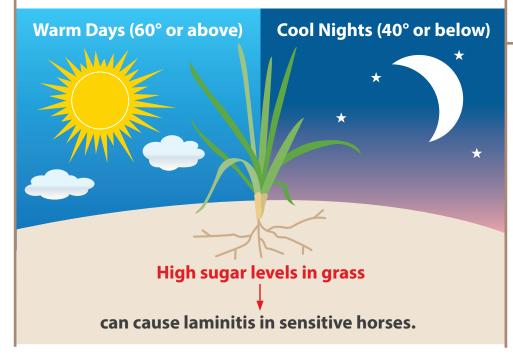
## **Spring Turnout Tips for Sugar-Sensitive Horses**

It is that time of the year—the cold, gray winter is transforming into a warm, sunny spring and the grass is starting to grow! For normal horses, the spring grass is a lovely change from hay, but for sugar-sensitive horses it is a dangerous time of year.

## Things to know about spring grass

Sugar levels in the leaves of grasses increase dramatically during the spring growing season when days are sunny and warm, and the nights are cool.

Why? Because grass does not grow on cool nights (40° degrees or below), so high concentrations of sugar remain in the leaves instead of being used to fuel growth of stems and roots.



## **Grazing Strategies** Stop grazing completely when days are warm and nights are cold (40° F or less). **OVERGRAZED** 0-4 inches Limit intake with a muzzle and graze early in the morning when days and nights are warm. for sugar-sensitive horses InsulinWise® Stop grazing when grasses are under stress. InsulinWise is right for your horse. Utilize a dry lot for horses that can't be turned out at all. Micro-Phase<sup>™</sup> Low-sugar, low-calorie vitamin and or hay cubes. Horses and ponies love Micro-Phase and you will too.

**Overgrazing stresses grasses and increases sugar** levels. Keep pastures between four to eight inches in height to reduce overgrazing stress.



## Supplements recommended

A blend of polyphenols and amino acids that support normal metabolic function and healthy insulin levels. Ask your vet if



mineral pellet that fills the nutrient gaps in a diet composed mostly of mature hay





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