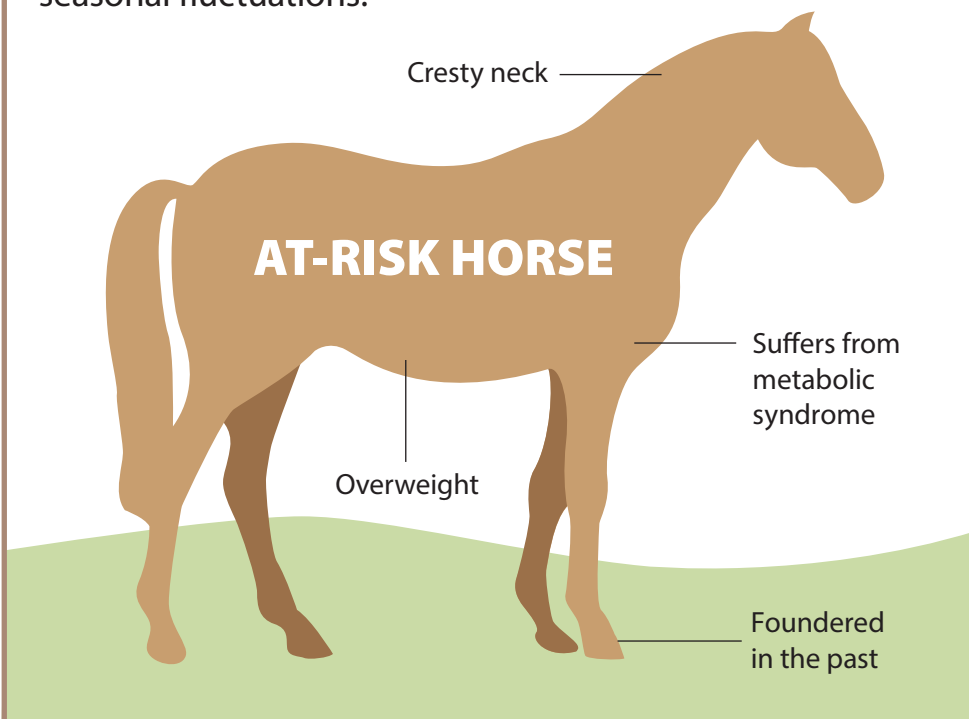


Grazing management for horses with metabolic syndrome

Healthy horses have little problem adjusting to changes in the fructan (sugar) levels in grass. However, individuals struggling with obesity or metabolic syndrome are at high risk for digestive imbalances caused by seasonal fluctuations.

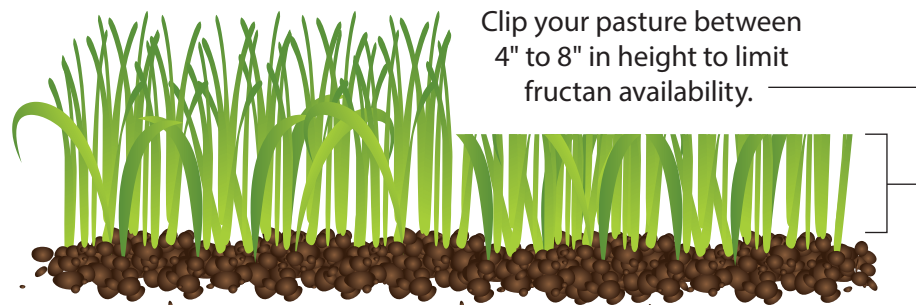


Grazing management is the key to avoiding problems

Time of Year	Day Temps	Night Temps	Grazing
Spring and fall	Warm	Cool (below 40°)	Limit or stop
Summer	Hot	Warm (above 40°)	Early morning (Limit afternoon and evening)

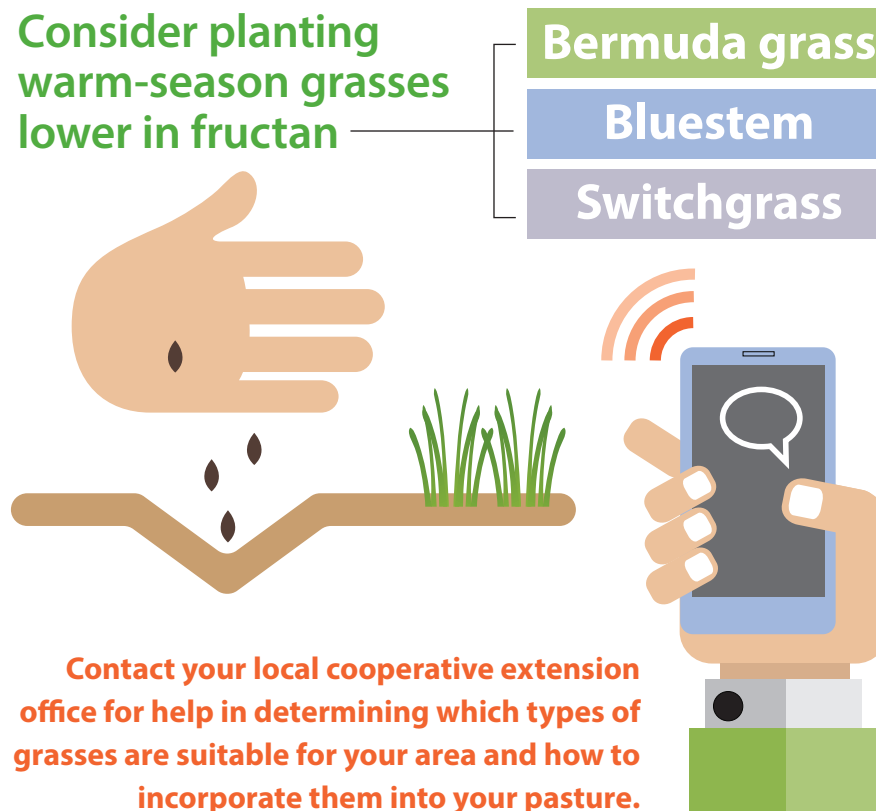
Pasture management can reduce risk

Pasture management is important and can minimize fructan levels.



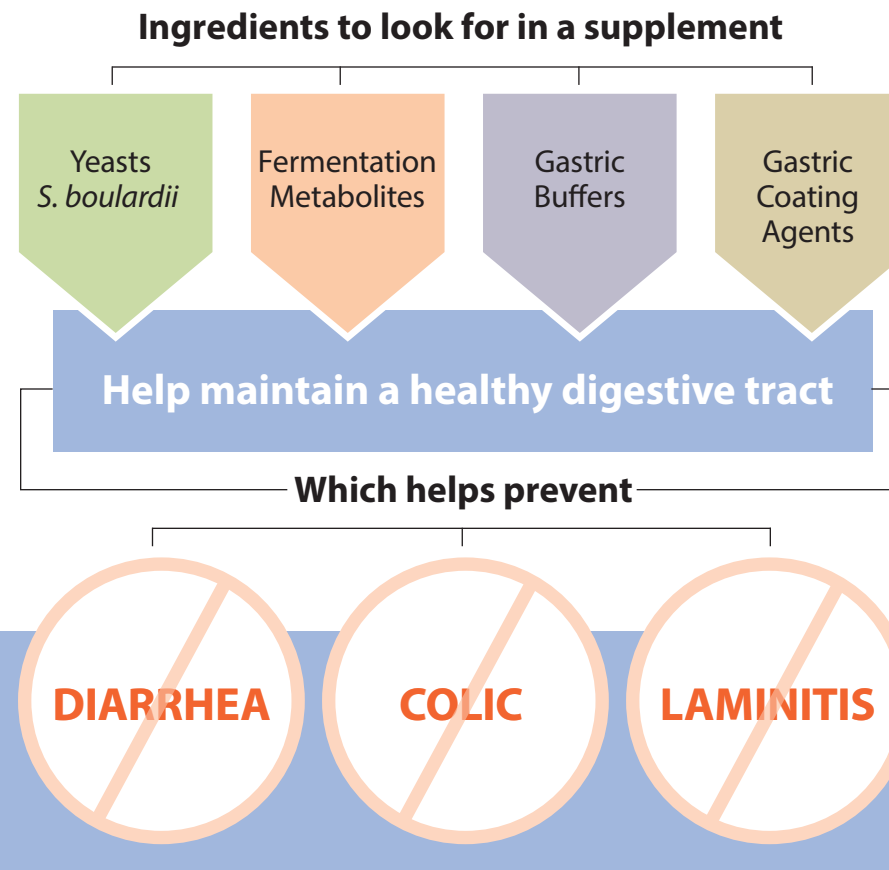
Don't allow pastures to become stressed by overgrazing. Stress increases fructan levels. When possible, rotate and rest pastures every two months.

Consider planting warm-season grasses lower in fructan



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