Grazing management for horses with metabolic syndrome

Healthy horses have little problem adjusting to changes in the fructan (sugar) levels in grass. However, individuals struggling with obesity or metabolic syndrome are at high risk for digestive imbalances caused by seasonal fluctuations.

Pasture management can reduce risk

Pasture management is important and can minimize fructan levels.

Don’t allow pastures to become stressed by overgrazing. Stress increases fructan levels. When possible, rotate and rest pastures every two months.

Consider planting warm-season grasses lower in fructan

Bermuda grass
Bluestem
Switchgrass

Grazing management is the key to avoiding problems

<table>
<thead>
<tr>
<th>Time of Year</th>
<th>Day Temps</th>
<th>Night Temps</th>
<th>Grazing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring and fall</td>
<td>Warm</td>
<td>Cool (below 40°)</td>
<td>Limit or stop</td>
</tr>
<tr>
<td>Summer</td>
<td>Hot</td>
<td>Warm (above 40°)</td>
<td>Early morning (Limit afternoon and evening)</td>
</tr>
</tbody>
</table>

Contact your local cooperative extension office for help in determining which types of grasses are suitable for your area and how to incorporate them into your pasture.

Digestive tract support

Supplements that maintain a healthy digestive tract regulate proper pH levels and support the complete digestion of sugar and fiber.

Ingredients to look for in a supplement

- Yeasts S. boulardii
- Fermentation Metabolites
- Gastric Buffers
- Gastric Coating Agents

Help maintain a healthy digestive tract

- DIARRHEA
- COLIC
- LAMINITIS

Neigh-Lox® Advanced

Supports complete GI tract health; reduces the risk of gastric and colonic ulcers, digestive upset, and hindgut imbalances.

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