

## Travel Tips for Horses: Nutritional support while traveling



A combination of proper management and the right nutritional support can ensure your horses' travels are stress-free.

**Feed free-choice hay or several hay meals throughout the day.**

Munching on hay produces saliva that naturally buffers a horse's stomach and reduces irritation from excess acid.

Eating hay stimulates the thirst response and keeps horses drinking.



**A full belly of hay and water acts like a water reservoir and helps maintain good hydration levels.**

**Ward off stress-related digestive problems.**

Reduce the risk of colonic or gastric ulcers, colic and laminitis by feeding supplements such as **Neigh-Lox®** or **Neigh-Lox® Advanced**. This will help your horse's digestive system by:

- Maintaining proper pH levels
- Supporting good microbial populations
- Sustaining healthy tissues



**Protect your horse from dehydration.**

Reasons that traveling horses sweat:

- Anxiety**
- Excitement**
- Enclosed in a warm trailer**



When horses sweat they lose precious fluids and electrolytes.

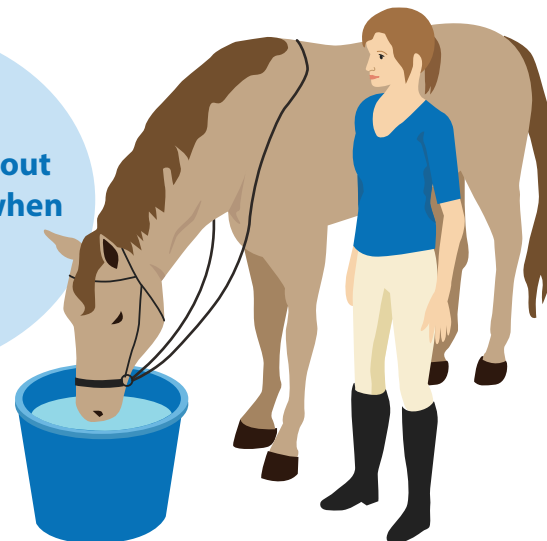
A well-balanced electrolyte and trace mineral supplement such as **Summer Games® Electrolyte** will encourage drinking and replace lost electrolytes and minerals.



Supply electrolytes with an oral dosing syringe or mix them in the feed so you know exactly how much you are providing and how much your horse is eating.

**Don't dissolve electrolytes in your horse's drinking water. This may reduce his or her water intake and make it hard to determine how much electrolyte is consumed.**

**Offer water frequently throughout the trip, especially when electrolytes are being fed.**



**Support a strong immune system and healthy neuromuscular functions when traveling.**

Fresh green grass is a horse's best source of natural vitamin E.

If you are traveling, chances are your horse won't be spending much time grazing on good pasture.

Supplementing with **Elevate® Maintenance Powder** can help support healthy muscle and nerve cells, and maintain optimal immune response.



**A lack of antioxidants can lead to muscle soreness, stiffness and even bouts of tying up.**



**What to do when extra energy is needed:**



Long days on the trail, tough terrain or a busy competition schedule can mean energy demands increase.

The safest and easiest way to add calories to the diet is by feeding a fat supplement such as **Equi-Jewel®**.

Horses using fat for energy:

- Have lower heart rates and lactic acid levels**
- Recover faster**
- Are less likely to develop soreness, stiffness and tying up**
- Stay calm and focused on their work**



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