

## 3 easy tips to ensure your horse is getting enough water this winter

Horses need to drink a minimum of 10 to 12 gallons of water a day to stay healthy, no matter what time of year it is.



Winter diets tend to contain less moisture, as fresh grass is replaced by dry hay and winter pasture.

Cold or frozen drinking water can decrease overall water consumption.



**The combination of drier feedstuff and inadequate water intake increases a horse's risk of developing impaction colic.**

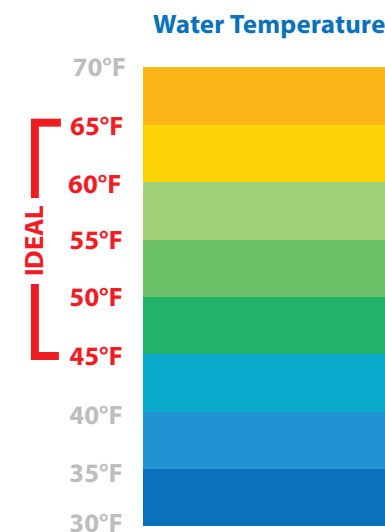
### Tip 1: Provide moist feed when possible.

- Soak hay in room-temperature water prior to feeding (offer soaked hay as long as the hay doesn't turn into haycicles before it is consumed).
- Add warm water and a couple of chopped carrots and/or apples to your horse's regular grain meal, or introduce a super fiber such as beet pulp into the daily ration, soaking it in warm water before feeding.



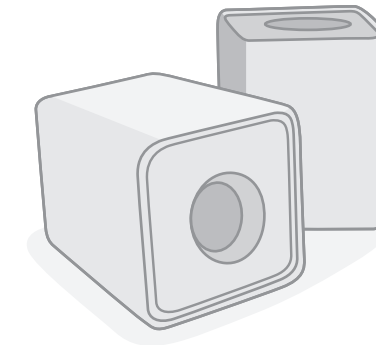
### Tip 2: Keep drinking water from getting too cold or freezing.

- The ideal temperature for drinking water is between 45°F and 65°F.
- Offer warmer water to horses that are older and may have sensitive teeth, are drinking less than normal amounts, or those with a history of impaction.



### Tip 3: Ensure horses are consuming adequate levels of salt.

- Salt stimulates the thirst response and helps keep horses drinking. At rest, a horse should be eating about 2 oz of salt per day. In most cases this requirement can be met by providing free-choice access to a plain white salt block.



- If horses continue to work during the winter, supplement with a well-balanced electrolyte.



### Summer Games® Electrolyte



Dehydration can be as much of a problem in winter as it is in the summer. Summer Games Electrolyte is formulated to support electrolyte replacement and proper hydration regardless of season.



info@KPPusa.com  
KPPusa.com  
859-873-2974

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